



School of Naturopathy SHN

Andreas Ledermann and Brigitta Raimann share the management of the SHN. With their practice since 1982 and their school in 1992, they are part of the pioneering generation in Switzerland and offer their decades of experience and excellence in theory and practice. Insights from their international teaching activities provide inspiration and enrichment.

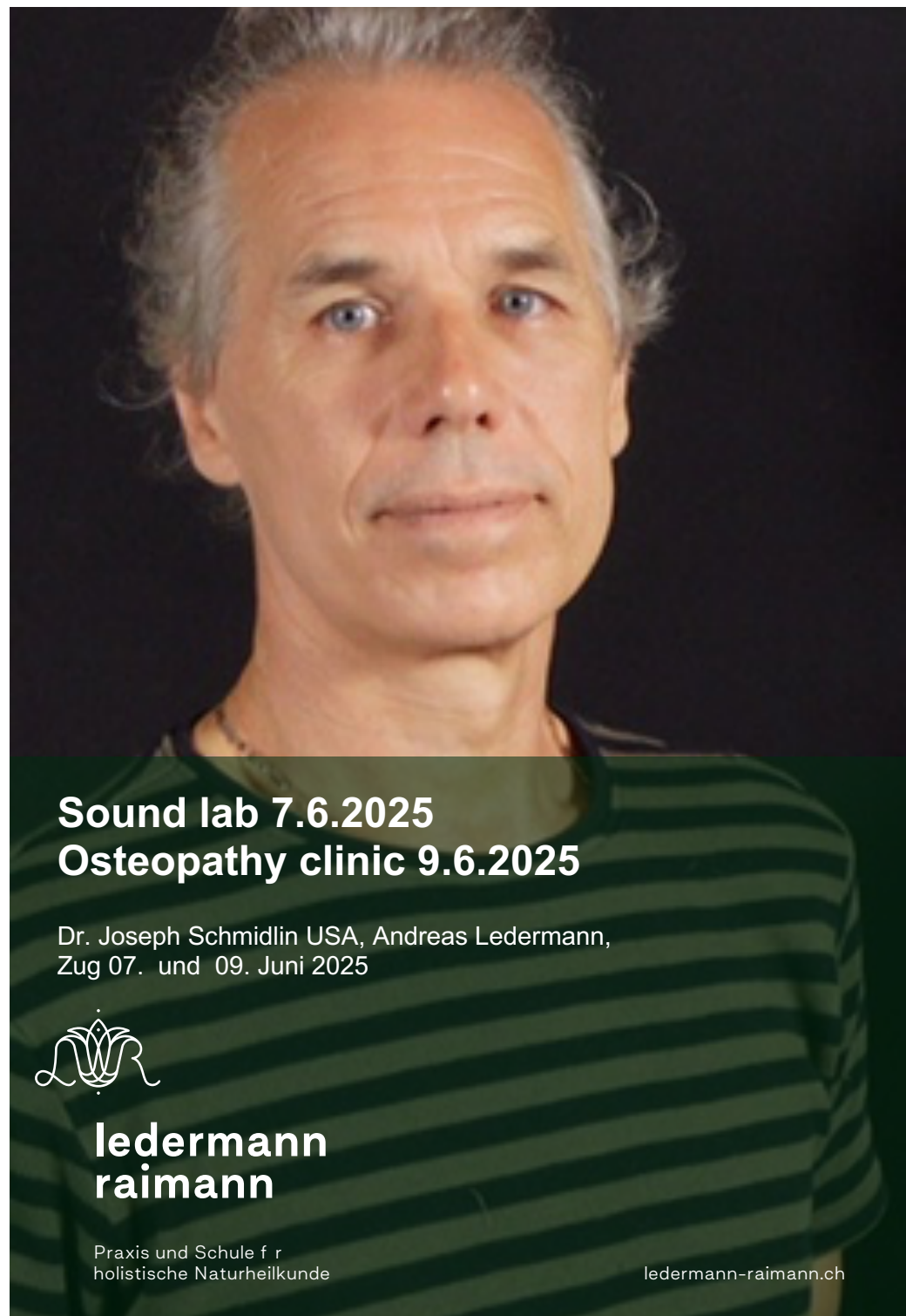
The participants appreciate the personal atmosphere of this exclusive small business. We, wife and husband, look forward to welcoming you to the SHN or our practice.

Brigitta Raimann and Andreas Ledermann




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Praxis und Schule f r
holistische Naturheilkunde 041 711 30 11
ledermann-raimann.ch



Sound lab 7.6.2025
Osteopathy clinic 9.6.2025

Dr. Joseph Schmidlin USA, Andreas Ledermann,
Zug 07. und 09. Juni 2025



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Sound lab

Joseph Schmidlin is passing through Europe and will enrich us with his great knowledge, his humanity and his new instruments.

In the sound laboratory we experiment with our voice, with mantras and our bodies; we also experiment with various sound instruments, sound plates and tuning forks. Joseph brings new instruments and insights into sound therapy from different countries.

Osteopathy clinic

This course helps to deepen your own practice. We offer participants supervision and support with difficult therapy situations.

We will learn to understand the body as an integral and dynamic functional unit. We teach visceral osteopathy of the spleen, pancreas, kidneys, lungs and liver in combination with sound work.

OSTEOPATHY therapy sessions with Dr. Schmidlin
June 02-05 and June 09-10, 2025
Registration with Andreas Ledermann
aledermann@bluewin.ch or 041 711 30 11

Sound lab

- We experiment with our voice as an instrument using different sound tools.
- New insights from sound work.
- Meditation and human tuning

Osteopathy clinic

- Supervision of our therapeutic work.
- Development of the ability to assess and treat the body from an osteopathic perspective.
- Visceral osteopathy of the spleen, pancreas, kidneys, lungs and liver.

PREREQUISITE

Enjoyment of sound work and bodywork.

COURSE DATES (12 hours)

Saturday, 07.06.2025, 09.00 - 16.00 h

Monday, 09.06.2025, 09.00 - 16.00 h

SPEAKER

Dr. Joseph Schmidlin, osteopath, TCM, music therapist.
Andreas Ledermann, naturopath and author

COURSE LOCATION

Naturopathic practice Bundesplatz 6, 6300 Zug

COST

CHF 380.- both days

CHF 200.- one day

The place is secured with the full payment of the amount by May 03, 2025
to: Holistic Arts GmbH, Andreas Ledermann, Rosenbergstrasse 10, 6300 Zug,
Raiffeisenbank Zug, 6341 Baar, 60-8774-0, IBAN CH76 8145 4000 0049 3516 4
A processing fee of at least CHF 50 will be charged in the event of cancellation (even if a replacement is registered).